



## School Lunch Menu



# MSAD #70



175 Hodgdon Mills Road, Hodgdon ME, 04730 Phone 207-532-3015

MSAD 70 serves the towns of Amity, Cary Plantation, Haynesville, Hodgdon, Linneus, Ludlow, and New Limerick.

## September 2017

4  <b>NO SCHOOL</b>  <b>Holiday</b>	5  <i>Choice of cereal – juice Whole Grain Muffin</i>  <b>Taco, Lettuce Cheese, Brown Rice Refried Beans, Corn Tropical Fruit</b>	6  <i>Choice of cereal – juice French Toast</i>  <b>Cheeseburger or Hamburger French Fries Pineapple Chunks</b>	7  <i>Choice of cereal – juice Waffle</i>  <b>Ham Sandwich Potato Chips Veggie Sticks Apple</b>	8  <i>Choice of cereal – juice Whole Grain Donut</i>  <b>Pepperoni or Cheese Pizza, Green Salad Brownie, Peaches</b>
11  <i>Choice of cereal – juice Whole Grain Muffin</i>  <b>Pulled Pork Sandwich French Fries Spinach Salad Tropical Fruit</b>	12  <i>Choice of cereal – juice French Toast Sticks</i>  <b>Nacho with Ground Beef Brown Rice Pineapple Chunks</b>	13  <i>Choice of cereal – juice Toast &amp; Jelly</i>  <b>BBQ Baked Chicken Mashed Potato Carrots, Roll Peaches</b>	14  <i>Choice of cereal – juice Egg Patty w/ Sausage</i>  <b>Pepperoni or Cheese Pizza, Green Salad Orange</b>	15  <i>Choice of cereal – juice Whole Grain Donut</i>  <b>Chicken Burger French Fries Veggie Sticks Apple Crisp</b>
18  <i>Choice of cereal – juice Apple Strudel</i>  <b>Chicken Caesar Wrap Brown Rice Carrots Tropical Fruit</b>	19  <i>Choice of cereal – juice Fruit Parfait</i>  <b>Pig in a Blanket Baked Beans Cole Slaw Oranges</b>	20  <i>Choice of cereal – juice Pancakes</i>  <b>Salad Bar Roll Garbanzo Beans Apple</b>	21  <i>Choice of cereal – juice Blue Berry Muffin</i>  <b>Spaghetti &amp; Meatballs Green Salad Roll, Pear</b>  <b>(EARLY RELEASE)</b>	22  <i>Choice of cereal – juice Whole Grain Donut</i>  <b>Pepperoni or Cheese Pizza, Green Salad Peach Fluff</b>
25  <i>Choice of cereal – juice Bagel &amp; Cream Cheese</i>  <b>Chicken Tenders French Fries Carrots, Rolls Orange</b>	26  <i>Choice of cereal – juice Whole Grain Muffin</i>  <b>Sloppy Joe French Fries Green Beans Cantaloupe &amp; Melons</b>	27  <i>Choice of cereal – juice Pancakes</i>  <b>Tuna Sandwich Chips Veggie Sticks Tropical Fruit</b>	28  <i>Choice of cereal – juice French Toast Sticks</i>  <b>General TSO's Chicken, Orzo Rice Carrots, Roll Tropical Fruit</b>	29  <i>Choice of cereal – juice Whole Grain Donut</i>  <b>Pepperoni or Cheese Pizza, Chocolate Chip Cookie, Oranges</b>

Choice of Sun Butter / White or Chocolate Milk Every Day! – Salad Bar Middle School

For more information regarding this menu please contact Carol Quint at 532-9228