



School Lunch Menu



January 2018

	<p>2</p> <p><i>Choice of cereal – juice Muffin</i></p> <p>Fish Sticks Mashed Potatoes Broccoli, Roll Tropical Fruit</p>	<p>3</p> <p><i>Choice of cereal – juice Waffle</i></p> <p>Teriyaki Chicken Orzo Rice Carrots, Roll Orange</p>	<p>4</p> <p><i>Choice of cereal – juice French Toast</i></p> <p>Stuffed Shells Green Salad Roll Pears</p>	<p>5</p> <p><i>Choice of cereal – juice Whole Grain Donut</i></p> <p>Pepperoni or Cheese Pizza, Veggie Sticks Brownie, Apple</p>
<p>8</p> <p><i>Choice of cereal – juice French Toast</i></p> <p>Corn Chowder Grilled Cheese Apple Sauce</p>	<p>9</p> <p><i>Choice of cereal – juice French Toast Sticks</i></p> <p>Chop Suey Green Beans Roll Pears</p>	<p>10</p> <p><i>Choice of cereal – juice Muffin</i></p> <p>Baked Chicken Mashed Potatoes Carrots, Roll Oranges</p>	<p>11</p> <p><i>Choice of cereal – juice Egg Patty w/ Sausage</i></p> <p>Roasted Pork Mashed Potato Carrots, Roll Fruit Cocktail (EARLY RELEASE)</p>	<p>12</p> <p><i>Choice of cereal – juice Whole Grain Donut</i></p> <p>Pepperoni or Cheese Pizza, Green Salad Cookie, Apple</p>
<p>15</p> <p>NO SCHOOL HOLIDAY Martin Luther King Day</p>	<p>16</p> <p><i>Choice of cereal – juice Bagel w/ Cream Cheese</i></p> <p>Taco, Lettuce Cheese, Brown Rice Refried Beans, Corn Apple</p>	<p>17</p> <p><i>Choice of cereal – juice Yogurt Parfait</i></p> <p>Meat Loaf Mashed Potato Carrots Peaches</p>	<p>18</p> <p><i>Choice of cereal – juice Pancakes</i></p> <p>Hot Turkey Sandwich Carrots Peaches</p>	<p>19</p> <p><i>Choice of cereal – juice Whole Grain Donut</i></p> <p>Cheeseburger or Hamburger French Fries Fruit Cocktail</p>
<p>22</p> <p><i>Choice of cereal – juice Toast & Jelly</i></p> <p>Salisbury Steak Mashed Potatoes Corn, Roll Tropical Fruit</p>	<p>23</p> <p><i>Choice of cereal – juice Bagel w/ Cream Cheese</i></p> <p>Baked Potato Bar Broccoli Chili, Roll Orange</p>	<p>24</p> <p><i>Choice of cereal – juice Muffin</i></p> <p>Spaghetti & Meat Sauce, Roll Green Salad Pears</p>	<p>25</p> <p><i>Choice of cereal – juice Pancakes</i></p> <p>Chicken Alfredo Broccoli, Roll Peaches (EARLY RELEASE)</p>	<p>26</p> <p><i>Choice of cereal – juice Whole Grain Donut</i></p> <p>Tuna Sandwich Potato Chips Veggie Sticks Apple</p>
<p>29</p> <p><i>Choice of cereal – juice French Toast Sticks</i></p> <p>Chicken Noodle Soup Grilled Cheese Applesauce</p>	<p>30</p> <p><i>Choice of cereal – juice Egg Patty w/ Sausage</i></p> <p>Corn Dogs Baked Beans Cole Slaw Peaches</p>	<p>31</p> <p><i>Choice of cereal – juice Waffles</i></p> <p>General TSO's Chicken, Orzo Rice Roll, Carrots Pears</p>		

Choice of Sun Butter / White or Chocolate Milk Every Day! – Salad Bar Middle School
For more information regarding this menu please contact Carol Quint at 532-9228